

## Snack Menu Term 1 – September – October 2024

Week Beginning 02.09.2024	Monday Summer/Laura	Tuesday Robyn/Toni	Wednesday Deb/Kelly	Thursday Sherri/Sally	Friday Lisa/Lucy
Breakfast 8–8.30 Fruit juice/water	Waffle	Croissant	Cereal	Granola & yogurt	Toast
Snack 10/10.30 Milk or water	<del>Spaghetti &amp; sauce</del> Cheese & toppings	Cheese & crackers	Beans on Toast	Fruit platter	Pizza
Tea 3.15 Milk or water	<del>Bagel</del>	Rice cake with spreads	Vegetable sticks, hummus, breadstick	Fish fingers & peas	Cheese & crackers
Fresh fruit available daily					

Week Beginning 09.09.2024	Monday Summer/Laura	Tuesday Robyn/Toni	Wednesday Deb/Kelly	Thursday Sherri/Sally	Friday Lisa/Lucy
Breakfast 8.15 Apple/Orange juice	Cereal	Waffle & fruit	Boiled egg & toast	Toast	Pancakes & yogurt
Snack 10/10.30 Milk or water	Cheese & crackers	Mini sausages & garlic bread	Fruit platter	Pasta & sauce Cheese + toppings	Chicken dippers & beans
Tea 3.15 Milk or water	Pasta & sauce	Bagel	Cheese & crackers	Pizza	Crumpets & toppings
Fresh fruit available daily					

4 Food areas: **1 Fruit & Vegetables**, **2 Breads, cereals & potatoes**, **3 Dairy** and **4 Meat, fish, eggs & pulses**

NB Fruit & vegetables may vary according to seasonal changes – all products low fat/sugar where possible & wholemeal bread

### Snack Menu Term 1 – September – October 2024

Week Beginning 16.09.2024	Monday Summer/Laura	Tuesday Robyn/Toni	Wednesday Deb/Kelly	Thursday Sherri/Sally	Friday Lisa/Lucy
Breakfast 8.15 Apple/Orange juice	Cereals	Waffles & yogurt	Croissants	Pancakes	Toast
Snack 10/10.30 Milk or water	Chicken dippers & beans	Fruit platter	Spaghetti hoops on toast	Fish fingers & peas	Yogurt & fruit
Tea 3.15 Milk or water	Cheese & crackers	Rice cake & spreads	Ham/Chicken & vegetable sticks	Breadstick, cheese & apple	Pasta
Fresh fruit available daily					

Week Beginning 23.09.2024	Monday Summer/Laura	Tuesday Robyn/Toni	Wednesday Deb/Kelly	Thursday Sherri/Sally	Friday Lisa/Lucy
Breakfast 8.15 Apple/Orange juice	Cereal	Croissants	Waffles & fruit	Toast & jam	Cereal
Snack 10/10.30 Milk or water	Pizza	Fish fingers and peas	Pasta & sauce Cheese + toppings	Fruit platter	Cheese & crackers
Tea 3.15 Milk or water	Breadstick & raisins	Rice cakes & spread	Bagels	Pasta & sauce Cheese + toppings	Yogurt, apple & grapes
Fresh fruit available daily					

4 Food areas: **1 Fruit & Vegetables**, **2 Breads, cereals & potatoes**, **3 Dairy** and **4 Meat, fish, eggs & pulses**

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### Snack Menu Term 1 – September – October 2024

Week Beginning 30.09.2024	Monday Summer/Laura	Tuesday Robyn/Toni	Wednesday Deb/Kelly	Thursday Sherri/Sally	Friday Lisa/Lucy
Breakfast 8.15 Fruit juice/water	Waffle	Croissant	Cereal	Granola & yogurt	Toast
Snack 10/10.30 Milk or water	Spaghetti & sauce Cheese & toppings	Cheese & crackers	Beans on Toast	Fruit platter	Pizza
Tea 3.15 Milk or water	Bagel	Rice cake with spreads	Vegetable sticks, hummus, breadstick	Fish fingers & peas	Cheese & crackers
Fresh fruit available daily					

Week Beginning 07.10.2024	Monday Summer/Laura	Tuesday Robyn/Toni	Wednesday Deb/Kelly	Thursday Sherri/Sally	Friday Lisa/Lucy
Breakfast 8.15 Apple/Orange juice	Cereal	Waffle & fruit	Boiled egg & toast	Toast	Pancakes & yogurt
Snack 10/10.30 Milk or water	Cheese & crackers	Mini sausages & garlic bread	Fruit platter	Pasta & sauce Cheese + toppings	Chicken dippers & beans
Tea 3.15 Milk or water	Pasta & sauce	Bagel	Cheese & crackers	Pizza	Crumpets & toppings
Fresh fruit available daily					

4 Food areas: **1 Fruit & Vegetables**, **2 Breads, cereals & potatoes**, **3 Dairy** and **4 Meat, fish, eggs & pulses**

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## Snack Menu Term 1 – September – October 2024

Week Beginning 14.10.2024	Monday Summer/Laura	Tuesday Robyn/Toni	Wednesday Deb/Kelly	Thursday Sherri/Sally	Friday Lisa/Lucy
Breakfast 8.15 Apple/Orange juice	Cereals	Waffles & yogurt	Croissants	Pancakes	Toast
Snack 10/10.30 Milk or water	Chicken dippers & beans	Fruit platter	Spaghetti hoops on toast	Fish fingers & peas	Yogurt & fruit
Tea 3.15 Milk or water	Cheese & crackers	Rice cake & spreads	Ham/Chicken & vegetable sticks	Breadstick, cheese & apple	Pasta
Fresh fruit available daily					

Week Beginning 21.10.2024	Monday Summer/Laura	Tuesday Robyn/Toni	Wednesday Deb/Kelly	Thursday Sherri/Sally	Friday Lisa/Lucy
Breakfast 8.15 Apple/Orange juice	Cereal	Croissants	Waffles & fruit	Toast & jam	Cereal
Snack 10/10.30 Milk or water	Pizza	Fish fingers and peas	Pasta & sauce Cheese + toppings	Fruit platter	Cheese & crackers
Tea 3.15 Milk or water	Breadstick & raisins	Rice cakes & spread	Bagels	Pasta & sauce Cheese + toppings	Yogurt, apple & grapes
Fresh fruit available daily					

4 Food areas: **1 Fruit & Vegetables**, **2 Breads, cereals & potatoes**, **3 Dairy** and **4 Meat, fish, eggs & pulses**

NB Fruit & vegetables may vary according to seasonal changes – all products low fat/sugar where possible & wholemeal bread

## Snack Menu Term 1 – September – October 2024

4 Food areas: **1 Fruit & Vegetables**, **2 Breads, cereals & potatoes**, **3 Dairy** and **4 Meat, fish, eggs & pulses**

NB Fruit & vegetables may vary according to seasonal changes – all products low fat/sugar where possible & wholemeal bread